

2021-2022

# JETAADC MENTORSHIP PROGRAM

## Opening Ceremony

Sponsored by:



# Upcoming Program Events!



**October 24th from 12 PM - 3 PM**

**\*Special Discount Codes for Mentorship Program Participants!**

**November 17 from 7 PM - 8:30 PM**

**Professional Development Speaker Event**

JETAADC WELCOMES OUR 2021 MENTEES AND MENTORS!

# Mentorship Program Bento Picnic

SUNDAY, OCTOBER 24 · 12PM - 3PM  
VIRGINIA HIGHLANDS PARK  
1600 S HAYES ST,  
ARLINGTON, VA 22202

# 2021-2022 JETAADC Mentoring Cohort

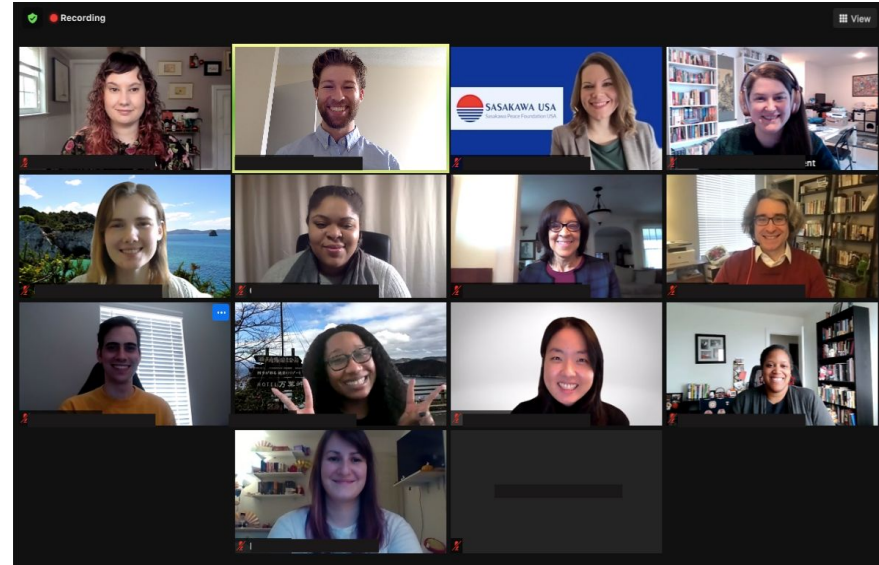


<b>Mentees</b>	<b>Mentors</b>
<b>Erim Muhter Gulum, (Fukuoka, 2016-2018)</b>	<b>Matt Clark (Shiga, 2009-2011)</b>
<b>Timothy Folsom (Yamagata, 2019-2021)</b>	<b>Jim Gannon (Ehime, 1992-1994)</b>
<b>Adelaide Kelly (Yamanashi, 2019-2021)</b>	<b>Jessica Kling (Fukushima, 2007-2010)</b>
<b>Brigid Riley (Osaka, 2015-2020)</b>	<b>David Nakamura (Hiroshima, 2001-2002)</b>
<b>Isabel Bush (Tokyo, 2015-2020)</b>	<b>Beth Olchowski (Miyazaki, 1993-1996)</b>
<b>Lauren Mosely (Hyogo, 2017-2019)</b>	<b>Bahia Simons-Lane (Gunma, 2005-2007)</b>
<b>Melanie Marino (Osaka, 2016-2018)</b>	<b>Sarah Tillotson (Kyoto, 2006-2008)</b>
<b>Karen Lee (Tokushima, 2017-2018)</b>	<b>Michael Turner, (Iwate, 1995-1997)</b>
<b>Eli Ferster (Kyoto, 2018-2020)</b>	<b>Nicole Uehara, (Ehime, 1999-2002)</b>
<b>Will Nelson (Aomori, 2017-2019)</b>	<b>Ariel Wyckoff (Iwate, 2002-2004)</b>

# Program Goals



1. To maintain a mentorship program for JETAADC recent returnees and early career professionals by providing them with professional development opportunities and personal development strategies to support their career goals related to U.S.-Japan relations.
  - *2020 Mentees reported an 84.7% increase in their understanding of career opportunities in U.S.-Japan related fields.*
2. To provide an opportunity for mid-to-senior career professional JET alumni who are interested in giving back to the JETAADC community by sharing advice, experiences, and expertise through mentoring partnerships.



“I learned that not everything has to be linear, and sometimes the most valuable connections come from branching out into other fields and then bringing your Japan connection to those fields rather than staying strictly within U.S.-Japan relations.”

--2020 Mentorship Program Participant

# Program Expectations



## Mentee

- Prepare and plan to meet with their mentor at least once a month
- Share their goals for professional development and the mentoring relationship
- Discuss with their mentor which goals they can work towards together and make a plan for achieving these goals
- Be open and listen to their mentor's advice and suggestions
- Show enthusiasm and take initiative to drive the mentoring relationship

## Both

- Trust and Respect
- On-going and effective communication
- Two-way learning
- Develop skills and understanding
- Share ideas and feedback
- Commitment to the goals of the program

## Mentor

- Share their experiences, especially those relevant to their mentee's experiences and aspirations.
- Reflect on which goals and skills they're best positioned to assist, and in which ways. Let their mentee know which they cannot help with, and point them towards alternative resources, if possible.
- Provide honest and constructive feedback, and be open to receiving feedback from their mentee

# Program Timeline



## October 2021

- 10/16: Virtual Opening Ceremony
- 10/24: Mentorship Program Bento Picnic

## October 2021 to January 2022:

- Monthly Professional Development Modules
- 11/17: JETAADC “Professional Development Talks” series will be held and open to all JETAADC members

## February 2022

- Conclusion of Program and JETAADC Mentorship Program Closing Ceremony
- Post-Program Survey

# Monthly Professional Development Modules



Module 1: Informational Interviews and Goal Setting

Module 2: Job Search and Career Advancement

Module 3: Staying Engaged in U.S.-Japan Relations

Module 4: Reflection and Preparation for Closing Ceremony

- Mentors and Mentees meet independently and hold monthly check-ins focused on Professional and Personal Development
- A Google Drive folder will be created for each mentor-mentee pair and prepared with a worksheet with conversation questions, suggested activities, and list of relevant resources
- Mentees should use worksheet for recording notes from meetings with mentors
- Program Coordinators will be able to view documents

# Questions?

